



TPDS INC

HEALTH CARE SERVICES

A PG Parents Initiative

TPDS Vision Board Project



Since 2001, we have incorporated vision boards into our work with adults and minors. We have found the process of creating and analyzing a vision board to be very beneficial in helping a client or group overcome obstacles to success. Vision boards are empowering. In today's society, we mostly lead lives dictated by others. Whether it is on the job or at home, were told to show up and to meet objectives defined by someone else, in the manner in which we are instructed. The act of creating the life we want puts the client in the driver's seat and gives them the opportunity to take control of a tiny piece of life. Vision boards are an excellent way to accomplish this.

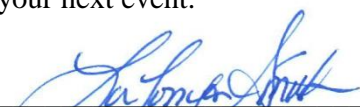
The Vision Board Project is a 2 hour hands on project and can be completed in as little as 1 hour

when offered in the Vision Book format. This project encourages the client to know that the work must be done in order to transition from a client's unwanted situation to one that is ideal. The journey from unfulfilled to living one's passion is filled with hurdles, bumps and obstacles. Having the ability to visualize the future and plan the life that you want, can give a client a little boost and the encouragement one needs to keep pushing. Each participant will receive a certificate of completion to show that they are well on their way to become great visionaries.

Vision boards change your thought process. When we first meet with a client or a group we ask questions like, "What do you enjoy about the work you currently doing? What would you prefer to be doing? How would things be different if you were happy with your professional life?"

These questions are designed to change the client's focus from negative to positive. A client's negative feelings and emotions are like heavy weights that make movement difficult. Vision boards give the client something beautiful, positive and uplifting to direct their focus towards and if done right, vision boards can be effective tools that assist a client in reaching personal and professional goals and overcoming obstacles to success.

When we partner with organizations we bring the vision to your door step. We provide the hands on materials need to complete the project, along with take away gifts that the participants love. We are able to accomplish this with help of our affiliate partners Walmart and Dwelling Investments LLC. Please visit us online at www.tpdinc.org to learn more about our vision and mission, become an affiliate partner or to have the TPDS Vision Board Project present at your next event.


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